

# Strettondale Patient Participation Group

Meeting 60, Wed May 2nd Ley Gardens

**Present;** Gloria Carter, Anne Gee, Pat Gibson, Sue Marsh, Chris Naylor, Sue Pinsent,  
Bill Ross

**Guests;** Meg Bacon, Jen Englefield. **Speaker** Claire Parrish

**Apologies;** Sue Hockaday

## **Matters arising**

Extended Access The doctors are supportive of the plan & would like some involvement as the plan evolves; \*They would be willing to make the Medical Centre available, & a person to open & secure the building.\* It was felt that the service should rotate around the area on a planned & known days of the week\* The doctors themselves feel their time & effort should be with their own patients therefore they would not be willing to take part themselves \* concern was expressed about the impact on Shropdoc.

\*It is mandatory for the CCG to provide this, not for individual practises\* Due to start Oct 1st, 8am - 8pm- bank holidays -Christmas day\* this will not necessarily mean people will have access to their own doctor.

\* The survey in Patient Needs is running until Fri 25th May

\* Not enough detail is really known but we should alert people via Eileen Roberts.

\* **Claire Parrish – Mental Health Service Manager for west Shropshire .**

**Her remit is for adult care in the west side of the county looking after 3 teams or Pathways. The team include 7 consultants, 6 psychiatrists, occupational therapists & community psychiatric nurses, Patients aged 0-25 are cared for separately. Since 2017 Shropshire's mental health service being rearranged into 'Pathways' which are reached from a Single Point of Access (SPA). Unfortunately the 0-25 Service is also referred to as SPA and this needs change as acknowledged that confusion has been caused for Church Stretton GPs attempting to contact the appropriate service.**

**SPA generally contacted by patient's GP, by 'phone, email or letter . Individual is also able to make contact. Referral via a GP usually indicates a real problem. Main hub is Shrewsbury at Severnfields Building, with sub-units at Ludlow and Oswestry. The referral is triaged for urgency (Crisis, Urgent, Non-urgent). If in crisis then contact is expected within 4 hours, urgent is 72 hours, non urgent, 4 weeks. Crisis and triage team based at Redwood the psychiatric hospital at Oxon. Each patient allocated to one of the Pathways – Psychosis (schizophrenia), Non-psychosis (all other conditions) or an Intensive Life-skills Disorder, usually a 6 month course to re-establish a more normal life in society according to individual needs, either one to one or small groups specific to the problem. Bi-polar disorder clients can be referred to either Pathway, dependent upon severity of condition. Each Pathway comprises a team: Psychiatrists/Consultants, CPNs (Community Psychiatric Nurses), OT (Occupational therapists), Nurses and Support workers. Each patient is allocated support / therapies according to need and the team hold weekly discussion to ensure whole team approach. The GP who referred patient and who continues to be responsible for patient's physical health is kept informed - mental ill health and many of the medications prescribed by the psychiatrist have unwelcome physical side effects, particularly those relating to bi-polar disorder.**

**This current approach is considered to have greater success than previous ways of working, although it was freely acknowledged by CP that some areas, such as the Care Package Approach, do need further tuning, For patients in the psychosis pathway there is now an annual health check being held with results fed back to the GP – it was noted that some GPs already do this, Church Stretton practice being one.**

**Some funding has just become available to CP's team to allocate to Citizens' Advice Service (ex Bureau) so that patients can be offered assistance when applying for Government benefits as this activity often aggravates ill health. Help is also available via local centres such as Mayfair, Church Stretton. Recently 0-25 years group has been set up, linked with learning care**

**Currently about forty mental ill health referrals across Shropshire daily with a total of 1500 patients allocated a pathway.( Many thanks to Sue P & Sue M for the above information)**

### **Update from Medical Practice**

Information for Green Oak Foundation now displayed on notice board.

The receptionist wish to continue with this title rather than 'patient adviser'

Please note information on 111 & new NHS App sent by Sue Marsh.

King's Fund, more money available, medical management very good. However, this has not yet been discussed at depth.

Pharmacy can give advice on Atrial Fibrillation, Impetigo, Conjunctivitis. They can also prescribe under the Minor Ailments Scheme

### **Contact with Stretton School**

Bill has had a positive response to his contact with the school. He hopes to set up a meeting ( with Sue Marsh) a) with the school nurse b) with a group of young people themselves

### **Next Meeting**

**Wed 27th June 10 - 12am** Ley Gardens S.Hockaday will not be present

**Tues 24th July 10 - 12am** Ley Gardens